



Official Therapy Provider for  Penn Medicine

2017

COMMUNITY

report





CONTENTS

Letter from the Executive Director	1
Leadership Announcements	2
Board Appointments	3
Acute & Sub Acute Therapy	4
Inpatient	8
Outpatient	14
Research	18
Awards & Recognition	24
Community Benefit	30
Caring for the Community	32
Locations	34
Our Vision	36

ON BEHALF OF THE EMPLOYEES & PATIENTS OF GOOD SHEPHERD PENN PARTNERS

Thank you

for your continued support & interest in the work we do.



Our vision, partnering to realize life's potential, applies to everyone involved with Good Shepherd Penn Partners, from the patients we care for every day, the communities we are part of throughout the region and the staff that make the rehabilitation services we provide possible.

There is an old saying that the most important thing for a captain to do is see his ship through the eyes of his crew. Our therapists work with each patient to see what their recovery means to them, understanding the

motivations, strengths and weaknesses in order to adjust the course of care for success.

At Good Shepherd Penn Partners, we are committed to being an organization that strives to help others live up to their potential. In this organization, we promote a sustainable culture of continuous improvement.

I want to thank the Good Shepherd Penn Partners Board of Directors, our partners at Penn Medicine and Good Shepherd staff, donors, volunteers, patients, and their families for all they achieved in fiscal year 2017.

Sincerely,

Laura Porter

Laura Porter
Executive Director
Good Shepherd Penn Partners

LEADERSHIP ANNOUNCEMENTS



On October 13, 2016, **Rob Fritch, DPT**, transitioned from Director of Admissions to the new role of Director of Patient Access & Patient Experience at Good Shepherd Penn Partners. As Director of Patient Access & Patient Experience, Rob facilitates our commitment to advancing the quality of experience at Good Shepherd Penn Partners, leading the effort to build a solid foundation for patient-centered care. In this redefined role, Rob oversees Case Management, Admissions, and the Patient Ambassadors. Additionally, he serves as the liaison to outsourced services that impact the Patient Experience, including Dietary Services, Environmental Services, and Security.



On January 25, 2017, **Natalie Blanden, BSN, RN** was appointed the Administrator for Penn Institute for Rehabilitation Medicine (Penn Rehab). Since joining the organization in 2011, Natalie has held several roles—including clinical coordinator, and Nurse Manager at the Specialty Hospital at Rittenhouse. She has served as Director of Nursing for Penn Rehab since February 1, 2016, in addition to being the Interim Director of Nursing of the unit since May 2015. In this role, Natalie oversees the programmatic development and daily operations of Penn Rehab.



On January 25, 2017, **Anissa Magwood MJ, BSN, BS, RN-BC** was appointed the role of Administrator of the Specialty Hospital at Rittenhouse. Prior to joining Good Shepherd Penn Partners, Anissa worked at the Hospital of the University of Pennsylvania (HUP) for over ten years in a variety of nursing roles, with increasing responsibility. Most recently, Anissa facilitated access to observational clinical experiences for international nurses at HUP as the Global Nurse Program coordinator. Anissa began as the Interim Nursing Manager of the Specialty Hospital on January 19, 2016, and has been the Interim Administrator and Director of Nursing since April 23, 2016, before being appointed Director of Nursing for the Specialty Hospital at Rittenhouse in July 2016. In this role, Anissa oversees the programmatic development and daily operations of the long-term acute care unit.

BOARD APPOINTMENTS

Good Shepherd Penn Partners made two new appointments to its Board of Directors in Fall 2016: **Thomas E. Beeman, PhD, FACHE**, Rear Admiral, USNR, Chief Operating Officer- Regional Operations, University of Pennsylvania Health System (UPHS); and **Patrick J. Brennan, MD**, Chief Medical Officer and Senior Vice President of the University of Pennsylvania Health System, and Professor of Medicine at the Perelman School of Medicine and the Hospital of the University of Pennsylvania.

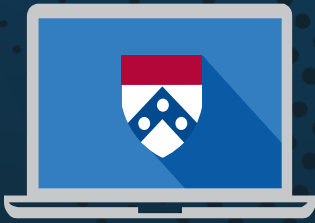
We want to thank **Peter D. Quinn, DMD, MD**, Senior Vice President, University of Pennsylvania Health System, Vice Dean for Professional Services, Perelman School of Medicine for his service and commitment to our mission during his tenure on our Board of Directors, which ended in fiscal year 2017.



Dr. Beeman brings over 35 years of healthcare experience to the role, including serving as CEO of Lancaster General Health for more than a decade before joining UPHS in September 2015. In addition to his healthcare administration experience, Thomas is a Rear Admiral in the United States Navy Reserve and has served as the deputy commander for the National Intrepid Center of Excellence, National Naval Medical Center in Bethesda, Maryland, for eight months.



As Chief Medical Officer of UPHS since 2005, Dr. Brennan leads the implementation of Penn Medicine's Blueprint for Quality, a strategic effort to improve clinical accountability and the outcomes of care including the elimination of preventable readmissions and preventable deaths. He oversees the departments of Healthcare Quality, Patient Safety, Regulatory Affairs, and Medical Affairs of UPHS where he has developed a Center for Evidence Based Practice to apply scientific evidence to clinical operations.



THE POWER OF ONE: PENN CHART

Fiscal year 2017 marked an important milestone for patients across the continuum of Penn Medicine care, including Good Shepherd Penn Partners. PennChart, an electronic health record (EHR), was implemented throughout Penn Medicine between October 2016 and March 2017. Based on the Epic platform of applications, PennChart is an integrated information system that allows all clinical providers access to information in one place.

In order to provide the entire health system with proper training, over 20,625 employees were educated over the course of 19 weeks by 11 Principal Educators and 68 Credentialed Educators. On October 22, 2016, the first phase of PennChart implementation went live, including Pennsylvania Hospital (PAH) and Chester County Hospital. Over 600 internal superusers provided 24/7, shoulder-to-shoulder support on the floors during the initial go-live phase. On March 4, 2017, the Hospital of the University of Pennsylvania (HUP), Penn Presbyterian Medical Center (PPMC), Good Shepherd Penn Partners (GSPP), and HomeCare /Hospice (HCHS) were activated during the second implementation phase of PennChart. This launch also included Penn Rehab and the Specialty Hospital at Rittenhouse. More than 1,000 internal superusers provided 24/7, shoulder-to-shoulder support at HUP, PPMC and Rittenhouse. Once activated throughout the entire health system, Penn Medicine became the first academic medical center to have a fully-integrated medical record platform.



harry's STORY

A FIGHTING CHANCE

When Harry Drake blew out his birthday candles on January 8, 2017 he was looking forward to what life had in store for him in his 53rd year. He had recently purchased his first home in Maple Shade, New Jersey, allowing him to have plenty of space to work on his carpentry hobbies while enjoying the serenity of having his first-ever backyard. As a carpentry teacher at a local middle school, Harry was looking forward to finishing second semester projects with his students before preparing to enjoy a relaxing summer vacation. Unknown to him, the first few months of 2017 would prove to be the most challenging he had ever experienced.

"I found myself dealing with a persistent cough, and overall I was feeling lousy," shares Harry about what brought him to his local urgent care center on January 16, 2017. "After being directed to go to the emergency room, it became a struggle to breathe. I remember walking into the emergency room explaining my situation, and then I remember nothing else until weeks later."

Harry's health began to deteriorate so rapidly that he became hypoxic shortly after arriving at his regional emergency room, leading him to be placed on a ventilator while in an induced medial coma. Within days of being admitted, a decline in health brought on the onset of steady fevers spiking to 104 degrees while his medical team struggled to tame the infection wreaking havoc. After a week and a half of care at his local hospital following a minor heart attack and the onset of sepsis, doctors explained to his family that there was very little they could do for his recovery, due to the enormous amount of stress the illness had on his body. His only chance for survival was to be placed on ECMO (Extracorporeal Membrane Oxygenation), an open-heart surgery that uses a machine to take over the work of the lungs and heart, serving as life-support. Or they had the option of choosing to prepare to goodbye.

“THERE WAS NO OTHER OPTION BUT PENN MEDICINE. OUR FAMILY WASN'T READY TO SAY GIVE UP A CHANCE OF HIS RECOVERY, BUT WE NEEDED HELP. WE NEEDED A TEAM THAT WAS WILLING TO NOT GIVE UP EITHER, AND WE FOUND THAT AT PENN.”

Knowing the strong reputation Penn Medicine has for being able to care for medically complex cases, Harry's family requested for him to be transferred to Penn Presbyterian Medical Center (PPMC) in an attempt to save his life. Within an hour, Harry was airlifted via PennSTAR to PPMC, to undergo emergency ECMO surgery.

"There was no other option but Penn Medicine. Our family wasn't ready to give up a chance of his recovery, but we needed help," says Patrice Bendig, Harry's niece. "We needed a team that was willing to not give up either, and we found that at Penn."

After several hours of landing at PPMC, the cardiac care team adjusted the ventilator settings and medication, stabilizing Harry so that he did not have to be placed on ECMO. Under the care of the medical team at the Cardiac Intensive Care Unit (CICU), multiple interventions started to treat the infections in his bloodstream and to improve the diminished lung capacity related to the stress brought on by staph pneumonia. While trying to find the reason behind his hypertensive crisis and Supraventricular tachycardia (SVT) during a cardiac cauterization, doctors discovered Harry had three vessel disease which would require a triple bypass surgery. Because of his ventilator-dependent state and comprised health, the surgery was on standby until Harry's infections were cleared up and his breathing was independent. To relieve stress from his heart while recovering, doctors inserted an intra-aortic balloon pump (IABP) to help the heart pump blood.

Three weeks after slipping into his health crisis, Harry began the process of waking up from the coma while doctors continued to identify the source of fevers while in the CICU, allowing for the first time a full evaluation the extent of the damage. From weeks of lying motionless in bed, Harry's body

had become so deconditioned that he could barely raise his finger to point. In order to be able to undergo triple bypass surgery, he needed to make massive strides in his physical abilities. Knowing that time was against him, Harry's family requested acute physical rehabilitation services as soon as he was cleared by his medical team.

It seemed impossible that physical therapy could take place by the bedside of a patient who barely able to move and only recently out of coma, but the acute therapy team at Penn Presbyterian Medical Center specializes in early intervention rehabilitation. Each day, Harry worked with physical therapists and occupational therapists to relearn how to use every muscle in his body—muscles that most take for granted. Over the next two weeks, Harry's body began to gain more stamina and flexibility. Eventually liberated from the ventilator, he worked on sitting up in his hospital bed, sitting in a chair, and using a walker to get to the toilet. Acute speech therapists worked with Harry to adjust to being off the ventilator for the first time in almost a month. Through therapy, he was reintroduced to eating solids, learning how to swallow liquids without choking, and speaking clearly again.

"It was terrifying to realize that he couldn't even lift up his hand to point when he initial woke up. But each day during therapy, a little bit of his body and personality began to resurface," says Patrice about the impact acute therapy had on her uncle. "He went from relying on a hooyer lift and two nurses to get him out of bed, to being able to use a walker when going to the bathroom in a matter of days because of the activation therapy was having on his body."



After six weeks of hospitalization, Harry underwent a successful triple bypass surgery, allowing him to begin the next phase of his recovery – inpatient rehabilitation at Penn Rehab. Knowing nothing about physical rehabilitation except for what he experienced in an acute setting, Harry knew that this was the last hurdle for him to return home after three months.

“My goal during therapy was to get back to doing things for myself,” says Harry about his rehabilitation goals. “I realized that this was a second chance at life so I wanted to become healthy enough to be prepared to go back to my life and get better”.

At Penn Rehab, Harry’s therapy increased to three hours daily, which built on the foundation set by his acute therapy team at PPMC. As a teacher, Harry often stressed importance of hard work and dedication in the classroom, especially when the material was challenging. Now relearning how to control his own body, Harry found himself as a student—learning and being encouraged by his therapy team.

“In physical therapy, my therapist Dennis found ways for me to make progress during each session, even when I was feeling discouraged,” says Harry. “Because of the work I did was my therapy team while I was in the hospital, I knew how important it was to participate in therapy in order to get back home.”

Because of his long hospitalization and open heart surgery, Harry had to work on reversing his muscle weakness. In order to improve his overall function and mobility, he had to strengthen his muscles to make moving less difficult. Through his rehabilitation experience, Harry learned not only how important exercises were both in and out of the therapy gym, but also about listening to his body in order to continue his progress.

“At Penn Rehab, I learned how each exercise was helping my body and ways I could maximize my energy and ability,” says Harry about the knowledge he gained during therapy. “Being able to anticipate my needs and plan ahead helped me to be more successful rather than become frustrated.”

Through a combination of acute and inpatient therapy, in addition to the guidance of his medical team at PPMC, Harry returned home in early March after two months of hospitalizations. After continuing his rehabilitation and several weeks of home care therapy, Harry once again regained a part of his life that had seemed unattainable—returning to the classroom in May 2017.

“No one believes I was near death just a few months ago,” says Harry. “Getting back into the classroom, it was exciting to see how my students continued to develop while I was ill. While working on their end-of-year projects, I realized that we all did a lot of growing this school year.”

“AT PENN REHAB, I LEARNED HOW EACH EXERCISE WAS HELPING MY BODY AND WAYS I COULD MAXIMIZE MY ENERGY AND ABILITY. BEING ABLE TO ANTICIPATE MY NEEDS AND PLAN AHEAD HELPED ME TO BE MORE SUCCESSFUL RATHER THAN BECOME FRUSTRATED.”

AOTA BOARD CERTIFICATION IN PHYSICAL REHABILITATION

In October 2016, acute care occupational therapist Malachy Clancy, MOT, OTR/L was awarded the American Occupational Therapy Association (AOTA) Board Certification in Physical Rehabilitation. Board and Specialty Certifications are voluntary, signifying that the clinician has gone above and beyond to demonstrate the knowledge, skills, and abilities that highlight their continuing competence. This distinction is only held by 1% of occupational therapists. Malachy is the first occupational therapist at Good Shepherd Penn Partners to hold this Board Certification.

“I believe the greatest part about being an acute care occupational therapist is the constant clinical challenges placed in front of you,” Clancy shares. “We work in a fast-paced environment in which you are challenged to use your entire clinical skill set to rehabilitate an individual while they are still acutely recovering from a critical illness or injury.”

“I also enjoy the collaboration within the interdisciplinary team, as we foster a patient’s goals and outcomes throughout their recovery,” he adds.

To earn the AOTA Certification in Physical Rehabilitation, Clancy was required to put together an extensive portfolio for his 101-page certification application.

“The application involved about thirteen different areas of criteria, such as patient evaluation, intervention, outcomes, research, ethics, and holistic practice,” says Clancy. “I had to demonstrate a minimum of 5,000 direct patient contact hours in physical rehabilitation and a minimum of five years of clinical practice.”

As a clinician who is also dedicated to contributing to industry research, while mentoring the next generation of therapists, Malachy is looking forward to continuing to provide a high level of patient care with his colleagues, whom he encourages to pursue similar certification achievements.

“It is really a great honor,” he says of the experience. “I feel this only helps to continue to foster professional development for the organization and reflect upon the vast clinical skill set and expertise we all have. There are many other occupational therapists here who I feel can obtain this certification, and I encourage them to apply.”



Treatment of the Patient Post-Stroke Within the Acute Care Environment		
Laura Bowie, MS OTR/L, Malachy Clancy, MOT OTR/L, Marisa Hart, MS OTR/L Good Shepherd Penn Partners at the Hospital of the University of Pennsylvania		
Learning Objectives	Outcome Measures	Intervention Techniques
• Identify the patient's functional status and needs for rehabilitation services. • Assess the patient's readiness for rehabilitation services. • Develop a plan of care for the patient's rehabilitation needs. • Implement the plan of care for the patient's rehabilitation needs. • Evaluate the patient's response to rehabilitation services.	• Functional Status: FIM, Barthel ADL, etc. • Motor Function: Fugl-Meyer, etc. • Cognitive Function: MoCA, etc. • Communication Function: etc. • Social Function: etc.	• Physical Therapy: etc. • Occupational Therapy: etc. • Speech Therapy: etc. • Psychological Support: etc. • Patient Education: etc.
Occupational Therapy Role	• Occupational Therapy is a key component of the rehabilitation team. • Occupational therapists work with patients to improve their functional status and independence. • Occupational therapists provide a variety of services, including: • Assessment of functional status and needs. • Development of a plan of care. • Implementation of the plan of care. • Evaluation of the patient's response to services.	• Occupational therapists use a variety of techniques to improve functional status, including: • Task training. • Environmental modification. • Assistive technology. • Community re-entry training.
Medical Considerations	• Medical history and current status. • Medications. • Laboratory values. • Imaging studies. • Other medical conditions.	• Occupational therapists collaborate with the medical team to ensure the patient's safety and well-being. • Occupational therapists monitor the patient's response to treatment and adjust the plan of care as needed.
Recommendations	• Continued rehabilitation services. • Discharge planning. • Home care services. • Follow-up care.	• Occupational therapists provide ongoing support and guidance to the patient and family. • Occupational therapists advocate for the patient's needs and goals.



Linda's STORY

A LIFE-SAVING SECOND CHANCE

Linda Kramer found herself a stranger in her own body—one that was failing her without any explanation. After breaking her left fibula (lower leg bone) during a fall in September 2015, Linda was unable to walk even after the bone was healed. In addition, she began experiencing increased lower back pain. After two hospitalizations and subsequent therapy at a local hospital, Linda's body continued to deteriorate without getting a proper diagnosis.

"Until my diagnosis, I was terrified that I would never be able to move my legs again," says Linda. "That whatever was wrong with me would continue to spread to my arms making me a quadriplegic."

After six months, doctors were still unable to diagnose her condition, and she was rapidly losing the use and movement in both legs. It was then that Linda decided to seek treatment at Penn Medicine, where Dr. Joseph Berger of Penn Neurology diagnosed her with an extremely rare condition called diabetic amyotrophy. Diabetic amyotrophy is a nerve disorder that is a complication of diabetes mellitus. It affects the thighs, hips, buttocks, and legs, and causes pain and muscle atrophy. By the time she began treatment with Dr. Berger, Linda had gone from working, driving, and walking on her own to being bedridden with no movement in her left leg, only able to move her right foot. On a scale of 1-10, her pain was beyond a 10.

To begin to get her condition under control, Linda was admitted to the Hospital of the University of Pennsylvania. After 17 days Linda was discharged to the next level of care. She was admitted to the inpatient rehabilitation unit at Penn Rehab, where she began daily intensive physical therapy. After five weeks of inpatient rehabilitation, Linda's condition had improved greatly and she returned home to take care herself. While she still required assistance to stand, Linda was on the road to recovery.

"As my nerves in my legs continued to regrow, I wanted to be able to walk, drive, and return to work. But I also needed to learn to be confident that my legs would not give out on me as they grew stronger," shares Linda. "I had a huge fear of falling."

To assist in her recovery, Linda began outpatient physical therapy at Penn Therapy & Fitness Rittenhouse. During her physical therapy experience, Linda continued to increase her mobility, independence, and confidence. Through the help of clinical neurological rehabilitation specialists and special assistive equipment, Linda's confidence in her abilities and body began to return.

"My therapists Shannon and Lindsey at Penn Rehab, and Elena and Megan at Penn Therapy & Fitness, became my partners in this journey. They listened to my fears and goals, unlike the other previous experience I had with therapy," says Linda. "They gave me the courage when I needed it, and because of that I had total confidence that they would never let me fall or get hurt. With their help, I regained my independence, both physically and mentally. They continually changed my workouts and goals as I made progress."

Today, Linda has been able to return to her active lifestyle, something that seemed nearly impossible less than two years ago.

"I can drive, work full time, walk increasing distances with a walker, travel, and live life to the fullest," I go places on my own knowing I will be able to figure out how to overcome any obstacles," said Linda. "I travel and go places on my own. When I was visited the Alamo in March 2017, I stood by myself symbolically making a stand in my therapy journey."

Without her second opinion at Penn Medicine, Linda doubts that her mobility—or her life—would have ever been returned to her.

“ I BELIEVE THAT IF I DIDN'T SEEK HELP FROM PENN MEDICINE, PENN REHAB, AND PENN THERAPY & FITNESS, I WOULD HAVE BEEN BEDRIDDEN, RELYING ON PAIN MEDICINE IN A NURSING HOME. DR. BERGER SAVED MY LIFE, AND MY THERAPY TEAM AT PENN REHAB AND PENN THERAPY & FITNESS GAVE ME MY LIFE BACK. I AM PAIN FREE AND GRATEFUL TO EVERYONE WHO HELPED ME ON THIS JOURNEY. WITHOUT A DOUBT, THEY ARE THE BEST. ”



PATIENT AMBASSADOR PROGRAM

AT RITTENHOUSE

Good Shepherd Penn Partners strives to give patients an excellent experience by meeting their needs and providing peace of mind to both patients and their loved ones. Over the past year, the Rittenhouse campus has introduced an additional level of service to enhance the experience for patients and their families. By introducing the role of Patient Ambassadors to the Penn Institute for Rehabilitation Medicine (Penn Rehab) and the Specialty Hospital at Rittenhouse.

Stationed in the front desk lobby of the 3rd, 4th and 5th floors of the Rittenhouse campus, Patient Ambassadors are dedicated to building bridges of communication with patients, families, and visitors by helping to improve services and increase patient satisfaction. They are enhancing the rehabilitation experience, by offering a positive first impression for patients, families, and visitors.

The Patient Ambassador's goal is to exceed every expectation for our patients, families, and visitors. Responsibilities include assessing the needs of patients and their families, interacting, and taking action to promote a truly patient-centric. Most importantly, Patient Ambassadors are a smiling face greeting those who navigate the unfamiliar during a situation that has turned their lives upside down.

Michelle's STORY

BACK IN THE RACE

Michelle Getchell prides herself on living a fast-paced life. As an avid runner, she was used to intense training to participate in several half-marathons hard, always with the goal of running the full Philadelphia Marathon. But when an Achilles injury and subsequent surgery halted her training in January 2016, a variety of complications followed that kept her off-road for longer than she anticipated.



"I was scheduled to have therapy after the allotted amount of resting time," says Michelle of her post-op experience. "But I also developed a patella knee problem that I started getting therapy for as well."

Although Michelle had previously experienced the benefits of physical therapy for a herniated disk injury, she was unsure of what to expect at Penn Therapy & Fitness Radnor. She had been coming to the Penn Medicine Radnor campus for years and felt at home with Penn Medicine's high quality, state-of-the-art care. When beginning outpatient physical therapy in February 2016, it soon became apparent that several issues would need a coordinated effort to treat long-term.

“ I WAS WALKING WITH A BOOT, SO I WAS NOT DOING AS MUCH PHYSICAL ACTIVITY AS I NORMALLY DO. WEARING THE BOOT THREW OFF MY ALIGNMENT, WHICH AGGRAVATED MY HERNIATED DISK AND MADE DOING A LOT OF NORMAL ACTIVITIES EVEN MORE DIFFICULT. ”

Working together with Jena Ferrigno, PTA and Jeremy Gresh, DPT, Michelle set the goal of getting back on track with running—after first increasing her ability to get back to normal activity.

"Jeremy was very clear at the beginning that it may take longer to reach my goals, because of the amount of pain and weakness I had to overcome. He devised a plan with different levels of progression we would do, based on my tolerance, and proceeded from there," says Michelle about her therapeutic relationship. "I also liked the personality of the therapists," she adds. "They knew when to have 'The Talk' when I thought I was going to go run a race that my body was not ready to do!"

Over the course of several months, Michelle fought to overcome pain through hands-on therapy, and using ice or heat. During her therapy sessions, Michelle became aware of the proper way to move her body to alleviate pain and how to prevent further flare-ups that could halt the recovery process.

"It helps to be proactive about pain because you learn things along the way—good and bad," she says about her therapeutic recovery. "Also, you see your own progression outside of physical therapy. I always knew relief was possible, I just didn't know how long it would take."

Although Michelle continued therapy through October 2016, she started to see some results in early summer—results that encouraged her to work even harder.

"I thought my muscles in parts of my body were a lot stronger," says Michelle. "But I have become more aware of my body, with regards to strength training and injury prevention, and I now make sure to take the necessary steps to prevent further or reoccurring injury."

Outside of the therapy gym, Michelle was also impressed with Penn Therapy & Fitness's commitment to the community they serve.

"One of the things that I like about Penn Therapy & Fitness is their willingness to go above and beyond. Some of the therapists volunteered to work at the Philly Rock and Roll Half-Marathon that I ran in earlier this year," says Michelle. "They were tending to the needs of runners before, during, and after the race. I was so proud to tell people my Penn Therapy & Fitness team was part of the medical crew."

Since working with Penn Therapy & Fitness Radnor, Michelle has run three half-marathons and recently competed in the Philadelphia Marathon. She credits her challenging physical therapy plan for allowing her to make the necessary improvements to get back on her feet.

"People should come to Penn Therapy & Fitness because they are the best," shares Michelle. "Without them, I would still be a mess, still recovering, still trying to get my body together so I could run. The therapists know therapy and injuries, and how to get you to where you need to be. These therapists are with you every step of the way!"

THE JOINT COMMISSION RECERTIFICATION

In December 2016, the Specialty Hospital at Rittenhouse was re-accredited fully by The Joint Commission (TJC), which involves a tri-annual survey including both our long-term acute care hospital (LTACH) and Penn Therapy & Fitness outpatient locations. The Joint Commission is an independent, not-for-profit organization that accredits and certifies nearly 21,000 healthcare organizations and programs in the United States at the accreditation and certification is recognized nationwide as a symbol of quality that reflects an organization's commitment to meeting certain performance standards.

During the rigorous, unannounced onsite three-day survey, a team of four TJC surveyors evaluated compliance with over 2,700 hospital standards related to several areas, including emergency management, environment of care, infection prevention and control, leadership, and medication management. Surveyors also conducted onsite observations and interviews at the Specialty Hospital at Rittenhouse, as well as multiple Penn Therapy & Fitness outpatient locations. The feedback from the surveyors highlighted the skill level and compassionate care that our team provides for the patients they treat every day.

"This was truly a team effort and these leaders worked beautifully together to manage the survey for the Specialty Hospital," says Laura Porter, Executive Director. "It takes a village of individuals to prepare for such a comprehensive survey, and all of our staff who continue to provide patient-centered, quality care."





EXPANDING PATIENT CARE

NEW LOCATION CHERRY HILL

On September 26, 2016, Penn Therapy & Fitness Cherry Hill relocated to the brand-new Penn Medicine Cherry Hill facility, a 150,000 square-foot, multispecialty facility. Conveniently located less than two miles away from our old facility on Route 70 (Marlton Pike), the new location is easily accessible and provides free garage parking. The new space enhances our ability to provide the most comprehensive, patient-centered care available in the region, including additional services able such as aquatic therapy.

NEW OUTPATIENT LOCATION ROXBOROUGH

On March 23, 2017, Penn Therapy & Fitness Roxborough officially opened its doors, marking the organization's 17th outpatient location. This new outpatient site allows us to better serve the Roxborough community, Penn Medicine physicians, and more. Penn Therapy & Fitness Roxborough offers physical therapy treatment for a variety conditions related to general orthopaedic, pelvic floor and sports performance.



Lynne Gramberg, MSPT, OCS, Cert. MDT, ATC brings over 30 years of clinical care experience to Penn Therapy & Fitness Roxborough. She is an American Physical Therapy Association Board Certified Orthopedic Specialist, in addition to being a certified McKenzie Method and Graston provider.



Francesca Savage, PT, DPT, WCS, Pelvic CAPP, brings her expertise as an American Physical Therapy Association Board Certified Women's Health Clinical Specialist (WCS) and has her certificate of Achievement in Pelvic Physical Therapy (Pelvic CAPP) through the Section on Women's Health (SoWH).



CONSHOHOCKEN PHYSICAL THERAPY ACQUISITION

On December 7, 2016, Conshohocken Physical Therapy became part of Good Shepherd Penn Partners, making it the 16th outpatient location in the Philadelphia region. Conveniently located near the intersection of Routes 76 and 476, this new location allows better service to the community and Penn Medicine physicians practices in Montgomery County, PA and beyond.

This site offers the clinical expertise of Desirea D. Caucci, PT, DPT, OCS, co-founder of Conshohocken Physical Therapy, along with six additional clinicians who have been treating patients in the Montgomery County for over 11 years. Desirea is now the Site Manager for the new location, and together with her clinicians, brings expertise in the treatment of orthopaedics, movement disorders, sports performance, and vestibular/balance disorders, in addition to aquatic therapy.



JUNE 8, 2017

RESEARCH DAY

On June 8, 2017, members of Good Shepherd Penn Partners and Penn Medicine's Physical Medicine and Rehabilitation united for the third annual Research Day. **Michael Ashburn, MD, MPH, MBA**, Director, Pain Medicine and Palliative Care, and Professor of Anesthesiology and Critical Care at the Hospital of the University of Pennsylvania, delivered the keynote address, "Pain and Opioids."



60



THERAPISTS GAVE PRESENTATIONS

19



PROFESSIONAL CONFERENCES PRESENTED AT STATE, NATIONAL & INTERNATIONAL LEVELS

7



ARTICLES WERE PUBLISHED IN PEER-REVIEWED JOURNALS

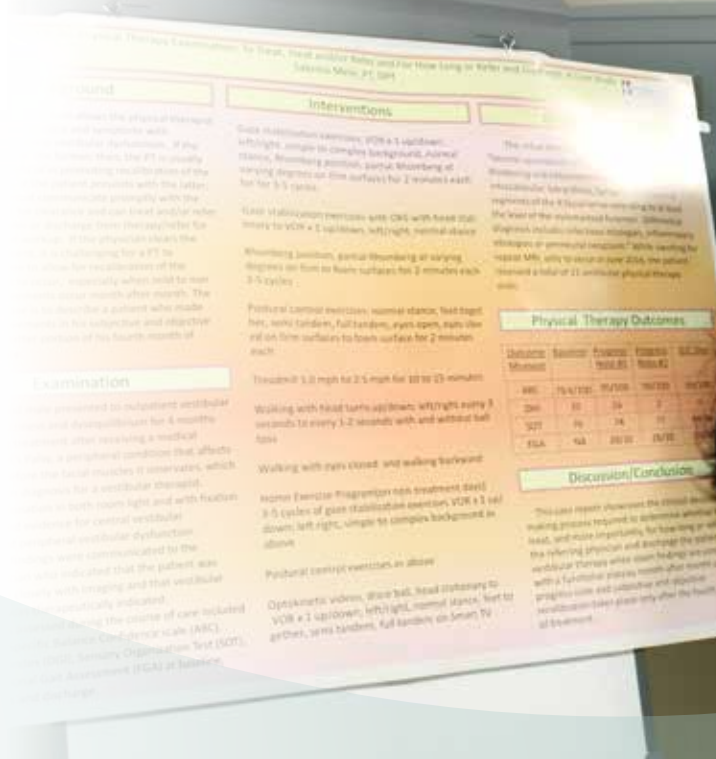


MULTIPLE AWARDS & SPECIAL RECOGNITION RECEIVED

**CONGRATULATIONS TO OUR
THERAPISTS ON AN
EXTREMELY SUCCESSFUL
FISCAL YEAR 2017!**

Moderated by **Michelle Johnson PhD**, Assistant Professor, Department of Physical Medicine and Rehabilitation (PM&R); Director, Rehabilitation Robotics R&D Lab, the eight podium presenters were **Tejas Ozarkar, MD; Kwasi Sharif, MD; Jason Pan, MD; Carlos Perez Gonzalez, MD; Laura Murphy, BSN RN; Carol A. Wamsley, PT, DPT, NCS, CBIS; Jessalynn G. Adam, MD.; and Yahira Acevedo-Santiago, MD.** Over 100 attendees participated in the event, which showcased an interactive session that included 27 posters from clinicians from both organizations.

Good Shepherd Penn Partners is proud to be an organization known for having a culture of scholarly excellence. With our staff of clinical specialists, adjunct faculty, advanced degrees, and staff presence at many national conferences, a commitment to education and research is fundamental to our practitioners and a promise to our patients. This event was organized by the Good Shepherd Penn Partners Research Committee, an interdisciplinary committee charged with not only promotion of research endeavors, but also establishing and enforcing policies and procedures for any research involving Good Shepherd Penn Partners patients, staff, or facilities.





DIVISON OF THERAPY
RESEARCH HIGHLIGHTS

The accomplishments outlined in this report showcase the work of our dedicated and talented therapists who strive on a daily basis to contribute new knowledge to the field of rehabilitation. In fiscal year 2017, research and educational presentations were presented by over sixty therapists at twenty professional conferences at the state, national and international levels. Eight articles were published in peer-reviewed journals and multiple awards and special recognition received. Congratulations to our therapists on an extremely successful fiscal year 2017!

CONFERENCE PRESENTATIONS

PROJECT TITLE	STAFF INVOLVEMENT	TYPE OF PRESENTATION
The IV STEP Conference JULY 14-19, 2016 COLUMBUS, OHIO		
High-force Haptic Rehabilitation Robot and Motor Outcomes in Chronic Stroke: A Case Study	Carol Ann Wamsley, PT, DPT, BS, NCS, CBIS Roshan Rai, MS Nicholas Vivio, MS Michelle J. Johnson, PhD	Poster Presentation
The 12th International National Lymphedema Network Conference AUGUST 31-SEPTEMBER 4, 2016 DALLAS, TEXAS		
Phlebolympheuma & Wound Care: The Benefits of an Interdisciplinary Approach-A Patient Case Series	Erin Fazzari, MPT, CLT, CWS, DWC Brittany Chervino, PT, DPT, CLT-LANA, WCC	Education Session
The 6th Annual Mid-Atlantic Shoulder and Elbow Society Meeting SEPTEMBER 9, 2016 WASHINGTON, DC		
Panel Discussion: Proximal Humerus Fractures: To Operate or Not, That is the Question	Brian Leggin, PT, DPT, OCS	Panel Discussion
Panel Discussion: 45-Year Old Male with Irreparable Cuff-No way he's getting a reverse, or is he? Let's Talk.	Martin J. Kelley, PT, DPT, OCS	Panel Discussion
The 4th World Parkinson Congress SEPTEMBER 20-23, 2016 PORTLAND, OREGON		
Functional Movement Disorders and the Role of Physical Therapy	Joellyn Fox, PT, DPT Heather Cianci, PT, MS, GCS	Poster Presentation
Artisans with Parkinson's: The Power of Art and Creativity in Managing Parkinson's Disease	Joellyn Fox, PT, DPT Heather Cianci, PT, MS, GCS	Poster Presentation
Mindfulness Interventions for Management of Anxiety to Improve Daily Function in Parkinson's Disease	Julia Wood, MOT, OTR/L	Poster Presentation

Pennsylvania Occupational Therapy Association (POTA) Conference
OCTOBER 14-15, 2016 | LANCASTER, PENNSYLVANIA

Can Occupational Therapists Utilize the BIMS to Effectively Screen for Cognitive Deficits in Short-Term SNF Residents?	Megan Link, MS, OTR/L, MBA Abigail Darin, MS, OTR/L Brittany Jemmoua, MS, OTR/L, CCLS	Education Session
Implementation of a Self-Care Initiative on an Inpatient Psychiatric Unit	Gina Daniels, MS, OTR/L Tori Snyder, OTS Heather Martz, OTS Marion Conneen, MS, OTR/L	Poster Presentation
Splinting's Impact on Spasticity and Function	Tami Levensgood, OTD, OTR/L, MSCS Tara Babe, OTR/L	Poster Presentation

The 13th Annual Jean Feldman Memorial Rehab Conference
OCTOBER 28, 2016 | MT. LAUREL, NEW JERSEY

Non-Motor Symptoms and Effective Management through Rehabilitative Therapy	GSPP Dan Aaron Parkinson Therapy Team	Conference Hosts and Speakers
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Pennsylvania Physical Therapy Association (PPTA) Conference
OCTOBER 28-30, 2016 | LANCASTER, PENNSYLVANIA

Lumbar Radicular Complaints Confused with Patella Tendinopathy	Frank Angiolillo, PT, OCS, Cert MDT Timothy Bayruns, PT, DPT, OCS, CSCS Cheryl Cocca, PT, DPT, OCS Paul Howard, PT, DPT, PhD, OCS, Cert MDT Carl Pitts, PT, DPT	Poster Presentation
Duration From Stroke Onset to Rehabilitation Admission: Impact on Discharge and Cognitive Functional Independence Measures	Carol Wamsley, PT, DPT, BS, NCS, CBIS Jennifer Dekerlegand, MPT, CHRC	Platform Presentation
Improving the Quality of Exercise Prescription for Patients Readmitted within 18 Months after Lung Transplant	Claire Child, PT, DPT, MHS, CCS Gregory Carroll, SPT	Platform Presentation

American Society for Reconstructive Transplantation (ASRT)
NOVEMBER 4-7, 2016 | CHICAGO, ILLINOIS

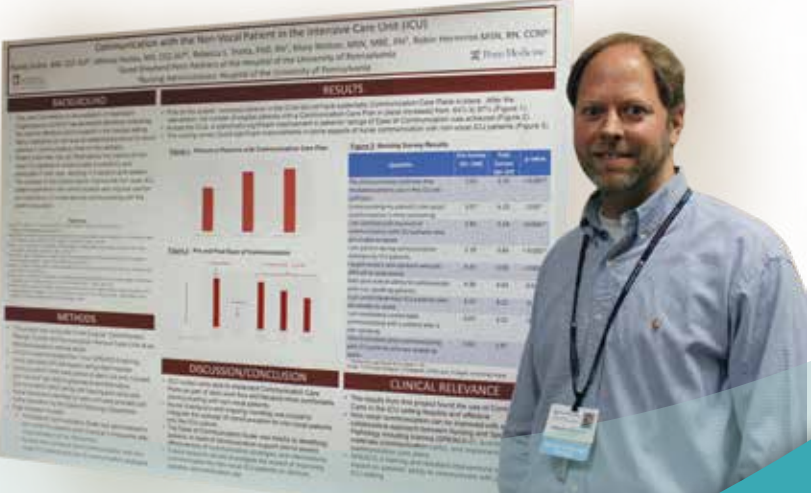
Reconstructive Transplantation	Gayle Severance, MS, OT/L, CHT	Moderated Therapy Forum and Panel Discussion
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APTAs of Maryland, DC and Delaware Annual Conference
NOVEMBER 5-6, 2016 | COLLEGE PARK, MARYLAND

Using Innovative and Creative Treatment Strategies for Parkinson's Disease	Heather Cianci, PT, MS, GCS	Education Session
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American Speech Hearing Association Annual Convention
NOVEMBER 17-19, 2016 | PHILADELPHIA, PENNSYLVANIA

Communication With the Non-Vocal Patient in the Intensive Care Unit (ICU)	Randy Dubin, MA, CCC-SLP Melissa Ferdas, MA, CCC-SLP	Poster Presentation
A Case Study of Fixed Epiglottitis & Dysphagia Associated with Bilateral GPI DBS	Meredith Pauly, MA, CCC-SLP Tiffany Hogan, MA, CCC-SLP Meredith Spindler, MD	Poster Presentation



CONFERENCE PRESENTATIONS (CONTINUED)

The Philadelphia Orthopaedic and Sports Rehab Foundation 2016 Shoulder and Elbow Update NOVEMBER 18-19, 2016 PHILADELPHIA, PENNSYLVANIA		
Rehabilitation of Atraumatic Instability and Considerations following Capsulolabral Repair Rehabilitation of Shoulder Girdle Fractures Non-operative Rehabilitation of Rotator Cuff Disease: Can We “Cure” our Patients? Clinical Examination of the Shoulder	Brian Leggin, PT, DPT, OCS	Brian Leggin, PT, DPT, OCS
Rehabilitation Following Conventional and Reverse Shoulder Arthroplasty Rehabilitation Following Rotator Cuff Repair-When Should We Start, What Should We Do?	Martin J. Kelley, PT, DPT, OCS	Martin J. Kelley, PT, DPT, OCS
A New Approach to the Management of Epicondylitis	John Bellace, PT, CHT	Education Session
Clinical Exam of the Elbow	Wendy McCoy, PT, CHT Laura Walsh, MS, OTD, OT/L, CHT Gayle Severance, MS, OT/L, CHT Jennifer Frazer, MHS, OTR/L	Workshop
Manual Techniques for the Shoulder and Elbow	Martin Kelley, PT, DPT, OCS Karen Havlicsek, PTA Ninette Wong, PT, DPT Michael Denny, PT Michael Piercey, PT, DPT, OCS, Cert. MDT, CMP, CSCS	Workshop
Complex Elbow Problems: Mobilization Techniques and Treatment Options	Wendy McCoy, PT, CHT	Workshop
American Association for Hand Surgery Conference JANUARY 10-14, 2017 WAIKOLOA, HAWAII		
Recalcitrant Tennis Elbow	Gayle K. Severance, MS, OT/L, CHT	Education Session
American Physical Therapy Association's Combined Sections Meeting		
Change, Change, Change — Leadership and Management in Action!	Carol Ann Wamsley, PT, DPT, BS, NCS, CBIS Roshan Rai, MS Nicholas Vivio, MS Michelle J. Johnson, PhD	Poster Presentation
From Gameday to Postseason: Shoulder Injuries in Football Along the Continuum	Marty Huegel, PT, MSc Michael Moser, MD Marisa Pontillo, PT, DPT, PhD, SCS Giorgio Zeppieri, PT, SCS, CSCS	Education Session Sports Section
Complex Cases in Women's and Men's Health	Valerie Bobb, PT, DPT, WCS, ATC Sandra Gallagher, PT, WCS Sandra Gallagher, PT, WCS Rosaleen Gnoffa, PT Lori Mize, PT, DPT, WCS Pamela Morrison, PT, MS, DPT, BCB-PMD, I Lisa Sator PT, DPT, CLT, WCS Sara Sauder, PT, DPT	Education Session Women's Health Section
Co-occurrence of Temporomandibular Disorder and Pelvic Pain	Timothy Bayruns, PT, DPT, OCS, CSCS Lisa Tate, MSPT, WCS, CLT Lucinda Hayburn, PT, DPT, WCS, CLT Jennifer Dekerlegand, MPT, CHRC	Platform Presentation Women's Health Section
Residency Outcomes: How Do They Compare?	William Moore, PT, DPT, OCS Won Sung, PT, DPT, PhD	Platform Presentation Education Section
Functional Outcomes of Hospitalized Patients Awaiting Liver Transplant	Melanie Quintans, PT, DPT Jennifer Dekerlegand, MPT, CHRC	Platform Presentation Acute Care Section

Lumbar Spine Stiffness Changes and Muscle Activation During the Prone Instability Test	Won Sung, PT, DPT, PhD David Ebaugh, PT, PhD, G.E. Hicks Scott Stackhouse PT, PhD S. Smith, P. Wattananon Sherie. P. Silfies PT, PhD	Poster Presentation Orthopaedic Section
Duration from Stroke Onset to Rehabilitation Admission: Impact on Discharge and Cognitive Functional Independence Measures	Carol Ann Wamsley, PT, DPT, BS, NCS, CBIS Jennifer Dekerlegand, MPT, CHRC	Poster Presentation Neurology Section
Outcomes of Early Mobility in Patients with an External Ventricular Device	Bill Pino, PT, DPT Joseph Borst, PT, DPT	Poster Presentation Acute Care Section
Clinical Presentation of Men with Pelvic Pain	Lisa Tate, MSPT, WCS, CLT	Poster Presentation Women's Health Section
The 43rd Philadelphia Hand Symposium MARCH 3-7, 2017 PHILADELPHIA, PENNSYLVANIA		
Wound Care; Tendon Transfers; Examination of the Wrist	Gayle K. Severance, MS, OT/L, CHT	Education Sessions
American Occupational Therapy Association's Annual Conference		
Comprehensive Parent and Care Provider Collaboration for Developmentally Appropriate, Family-Centered Care in a Level III Neonatal Intensive Care Unit	Meredith Antanavage, MOT, OTR/L Penn Medicine NICU Team Members	Poster Presentation
The Role of Occupational Therapy in an Interdisciplinary Protocol to Reduce Intraventricular Hemorrhage on a Level III Neonatal Intensive Care Unit	Meredith Antanavage, MOT, OTR/L	Poster Presentation
Integrating Mindfulness Strategies into Occupational Therapy for Parkinson's Disease	Julia Wood, MOT, OTR/L	Poster Presentation
Penn Medicine Adult ECMO Conference MARCH 31-APRIL 1, 2017 PHILADELPHIA, PENNSYLVANIA		
ECMO Rehabilitation: Is it Possible?	Joseph Adler, PT, DPT, CCS	Education Session
Pennsylvania Physical Therapy Association Southeastern District Mini Combined Sections Meeting APRIL 1, 2017 PHILADELPHIA, PENNSYLVANIA		
Pelvic Floor Dysfunction in the Gynecological and Genitourinary Cancer Populations: Implications for the Physical Therapist	Pia Leone, PT, DPT, WCS Brandi Johnson, PT, DPT, CLT-LANA Lisa Sator, PT, DPT, CLT, WCS	Education Session
The 7th Annual NANT Conference APRIL 7-8, 2017 PHOENIX, ARIZONA		
Comparison of Therapy Recommendations to Actual Services Received After Discharge from the Intensive Care Nursery	Robin Elican Madeja, MOT, OTR/L Tiffany Hogan, MA, CCC-SLP Jenna Rogers, PT, DPT Anastasiya Ruiz, PT, MSPT, CCI	Poster Presentation
A Case Series: Benefits of Therapy Services Co-treating Medically Complex Infants in the Intensive Care Nursery	Robin Elican Madeja, MOT, OTR/L Tiffany Hogan, MA, CCC-SLP Jenna Rogers, PT, DPT Anastasiya Ruiz, PT, MSPT, CCI	Poster Presentation
Abramson Cancer Center Palliative Care Conference MAY 3, 2017 PHILADELPHIA, PENNSYLVANIA		
Management of Cancer Related Fatigue	Sarena Banas, PT, DPT, CLT-LANA Melinda Gross, PT, DPT, CLT Lisa Sator, PT, DPT, CLT, WCS	Education Session

AWARDS, HONORS & RECOGNITION

2016 PHILADELPHIA AREA CLINICAL EDUCATION CONSORTIUM SCHOLARSHIP

Diana Duda, PT, DPT, MSCS

This scholarship provides financial support for a therapist to attend the APTA Educational Leadership Conference in October 7-9th, 2016 in Phoenix, Arizona.

AWARDED THE CYSTIC FIBROSIS FOUNDATION GRANT

**Colleen Chancler, PT, MHS, PhD Anita Shah, PT
Rob Dekerlegand, PT, PhD, CCS**

The Hospital of the University of Pennsylvania was awarded a grant from the Cystic Fibrosis Foundation providing financial support for the integration of a physical therapist into the Adult Cystic Fibrosis clinic at Penn Medicine.

ACHIEVED AMERICAN BOARD OF PHYSICAL THERAPY (ABPT) CLINICAL SPECIALIZATION

Elsa Amaral, PT, DPT, OCS
Orthopaedic

William Moore, PT, DPT, OCS
Orthopaedic

Michael O'Hara, PT, DPT, OCS
Orthopaedic

Anne Whiting, PT, DPT, GCS, CBIS
Geriatric

Lisa Tate, MSPT, WCS, CLT
Women's Health

Lisa Sator, PT, DPT, CLT, WCS
Women's Health

Amy Shah, PT, DPT, WCS
Women's Health

Shannon Marriner, PT, DPT, NCS, MBA
Neurologic

Elena Newland, PT, DPT, NCS
Neurologic

Honorees receive board specialization at the American Physical Therapy Association's (APTA) Combined Sections Meeting on February 14, 2017, in San Antonio, TX.

2017 JAMES TUCKER EXCELLENCE IN CLINICAL PRACTICE AND TEACHING AWARD

Timothy J. Bayruns, PT, DPT, OCS, CSCS

This award recognizes outstanding clinicians and clinical teachers that have made significant contributions to the practice of Physical Therapy on behalf of the New Jersey APTA Chapter.

ACHIEVED OCCUPATIONAL THERAPY BOARD CERTIFICATION IN PHYSICAL REHABILITATION

Malachy Clancy, MOT, OTR/L, BCPR

Board specialization is awarded from the American Occupational Therapy Association in one of four practice areas.

ACHIEVED DOCTOR OF PHILOSOPHY DEGREES (PhD)

Colleen Chancler, PT, MHS, PhD
Director, Acute Therapy Services, HUP
Seton Hall University School of Health and
Medical Sciences, Doctor of Philosophy,
Health Sciences

Marisa Pontillo, PT, DPT, PhD, SCS
Sports Team Leader
Drexel University, Doctor of Philosophy,
Physical Therapy and Rehabilitation
Sciences, Concentration: Biomechanics

Won Sung, PT, DPT, PhD
Spine Team Leader
Drexel University, Doctor of Philosophy,
Rehabilitation Science: Concentration-
Biomechanics

ACHIEVED CLINICAL DOCTORATES

Tami Levensgood, OTD, OTR/L, MSCS
Occupational Therapy Team Leader
Philadelphia University, Occupational Therapy
Doctorate, Occupational Therapy/Therapist

Joseph Muniak, MS, OTD, OTR/L
Director of Inpatient Therapy, Rittenhouse
Thomas Jefferson University, Doctorate of
Occupational Therapy, Occupational
Therapy/Therapist

Laura Walsh, MS, OTD, OT/L, CHT
Program Manager, Hand
Philadelphia University Occupational Therapy
Doctorate, Occupational Therapy/Therapist

PEER REVIEWED PUBLICATIONS

Butler K, Schweickert WD. Early goal-directed mobilisation in the intensive care unit is feasible and safe, and increases both the level and duration of activity [commentary]. *J Physiother.* 2016 Oct;62(4):225.

Wamsley CA, Rai R, Johnson MJ. (2017) High-force Haptic Rehabilitation Robot and Motor Outcomes in Chronic Stroke. *Int J Clin Case Stud.* 3:115.

Pauly M, Hogan T, Spindler M. Dysphagia in a Patient with Cervical Dystonia. *Dysphagia.* (2017) 32: 583.

Granda-Cameron C, Pauly M, DeMille D, Mante A, Null S, Malkowski J, Hogan T, Lane J, Geiger G, Newman J, Lynch MP. Gap analysis: a strategy to improve the quality of care of head and neck cancer patients. *Journal of Community and Supportive Oncology.* 2017;15(1):28-36.

Wattananon P, Intawachirarat N, Cannella M, Sung W, Silfies SP. Reduced instantaneous center of rotation movement in patients with low back pain. *Eur Spine J.* 2017 Mar 31

Moyer M, Young B, Borst J, Pino W, Hart M, LoBreglio J, Zaleski D, Leonor I, Kung D, Smith M, Zager E, Grady S, Kumar M. Implementation of an Early Mobility Pathway in Neurointensive Care Unit Patients with External Ventricular Devices. *J Neurosci Nurs.* 2017 Apr;49(2):102-107.

McCombie RP, Antanavage ME. Transitioning from Occupational Therapy Student to Practicing Occupational Therapist: First Year of Employment. *Occup Ther Health Care.* 2017 Apr;31(2):126-142.

Lesser M, Borst, J, Dekerlegand J. Use of the Postural Assessment Scale for Stroke Patients in Determining Acute Care Discharge Recommendations. *Journal of Acute Care Physical Therapy.* 2017 Apr;8(3):79-85.



AWARDS & recognition

“ANYONE WHO TEACHES AND DOES NOT LEARN SOMETHING FROM THE STUDENTS SHOULD GET OUT OF TEACHING. STUDENTS FORCE YOU TO LOOK AT SUBJECTS FROM A DIFFERENT PERSPECTIVE, AND THINGS THAT YOU THINK YOU KNOW ARE CHANGED BECAUSE OF THAT.”

JAMES TUCKER EXCELLENCE IN CLINICAL PRACTICE & TEACHING AWARD



Timothy Bayruns, PT, DPT, OCS, CSCS has made a lasting impact on countless of individuals who have crossed his path throughout his 33-year career as an American Physical Therapy Association Board Certified Specialist—both with patients and peers. On April 1, 2017 Timothy was

named the 2017 recipient of the James Tucker Excellence in Clinical Practice and Teaching Award by the American Physical Therapy Association of New Jersey (APTANJ). This award recognizes outstanding clinicians and clinical teachers that have made significant contributions to the practice of physical therapy.

“Anyone who teaches and does not learn something from the students should get out of teaching,” says Bayruns. “Students force you to look at subjects from a different perspective, and things that you think you know are changed because of that.”

As an APTANJ member since 1984, Tim has been playing a role in teaching future clinicians throughout his entire career, including teaching at Thomas Jefferson University, Arcadia University, University of the Sciences, and Montgomery County Community College.

“I learn from my students all the time,” he adds. “It helps you keep abreast of new developments in the field. Teaching keeps you honest, because nobody knows everything, and you are forced to look up and explore our profession constantly.”

In addition to mentoring future clinicians, Tim also serves as an Musculoskeletal (MSK) Team Leader for Good Shepherd Penn Partners. But most of all, his biggest impact is the care he provides to patients at Penn Therapy & Fitness Cherry Hill.

“My favorite part about being a physical therapist is helping someone regain function or reduce their pain,” says Bayruns. “And having that person return later for care, or having them tell either family members or neighbors about you, and having them come in as well.”



Brian Leggin PT, DPT, OCS
Appointed Adjunct Assistant Professor of Orthopaedic Surgery within the University of Pennsylvania Department of Orthopaedic Surgery.

For the past 25 years, Brian Leggin PT, DPT, OCS has been a mainstay in the Penn Medicine community. Brian is certified as an Orthopedic Clinical Specialist by the American Board of Physical Therapy Specialists. Currently a Lead Therapist at Penn Therapy & Fitness Valley Forge, he has specialized in treating patients with shoulder disorders and sports-related injuries for more than 20 years. In March 2017, Brian was recognized for his outstanding contributions to the orthopaedic rehabilitation community with an appointment as Adjunct Assistant Professor of Orthopaedic Surgery within the University of Pennsylvania Department of Orthopaedic Surgery.

Brian joins fellow Good Shepherd Penn Partners physical therapist Martin Kelley, PT, DPT, OCS, who was appointed Adjunct Assistant Professor of Orthopaedic Surgery at the University of Pennsylvania Department of Orthopaedic Surgery, in May 2015.

This prestigious nomination came from Scott Levin, MD, FACS, Chair, Department of Orthopaedic Surgery, and was approved by the Provost’s Office of the Perelman School of Medicine, University of Pennsylvania. During his three-year tenure, Brian will be collaborating with the Penn Medicine orthopaedic department through education opportunities for orthopedic residents, contributing to academia and research.

Throughout his career, Brian has published numerous peer-reviewed journal articles in publications such as Physical Therapy, Journal of Shoulder and Elbow Surgery, Journal of Bone and Joint Surgery, and Journal of Orthopaedic and Sports Physical Therapy. Brian is the author of the “Penn Shoulder Score,” a self-report outcome measure for patients with shoulder disorders. He is an active member and past-president of the American Society of Shoulder and Elbow Therapists, a founding member and President of the Philadelphia Orthopedic and Sports Rehab Foundation, a founding member of the Mid-Atlantic Shoulder and Elbow Society, and a member of the Executive Board of the International Congress of Shoulder Therapy.

EMPLOYEES OF THE MONTH

Each month, employees on the Rewards and Recognition Committee gather to review nominations for Good Shepherd Penn Partners’ Employees of the Month Program. The program recognizes staff members who consistently go above and beyond what is expected of them in their positions. The goal is to thank them for what they do and encourage everyone to continue to strive for excellence.

- JULY**
William Trinidad, CNA
The Specialty Hospital at Rittenhouse
Nominated by: Nefthalie Camille BS, RRT & Sana Calberse, RN

AUGUST
Michael Roberto, PT, DPT
Penn Therapy & Fitness University City
Nominated by: Campbell McCormack PT, MS, FMS, SFMA

SEPTEMBER
Judy Vance, CNA
The Specialty Hospital at Rittenhouse
Nominated by: Chelsea Flick, RN

OCTOBER
Matthew Simmons, RRT
The Specialty Hospital at Rittenhouse
Nominated by: Lisa Y. Jarrett-Lawson, BSN, RN

NOVEMBER
Sana Calberse, RN
The Specialty Hospital at Rittenhouse
Nominated by: Anonymous

DECEMBER
Erin McIntosh, PT, DPT, Cert. MTD
Penn Therapy & Fitness Jenkintown
Nominated by: Robert Wise, PT, DPT

JANUARY
Dru Brown, RN, BSN
The Specialty Hospital at Rittenhouse
Nominated by: Sana Calberse, RN
- FEBRUARY**
Natalia Strouinsky, OTR/L
Penn Rehab
Nominated by: Lindsay Furlong, MOT, OTR/L, Tarah McCloskey, PT, DPT, Joseph Muniak, MS, OTD, OTR/L, CBIS, Julie Parana, MS, OTR/L, Kisten Robin, MS, OTR/L, CBIS and Carol Wamsley, PT, DPT, NCS, CBIS

MARCH
Laura Birchler, PTA
Hospital of the University of Pennsylvania
Nominated by: Colleen Chancellor, PT, MHS, PhD

APRIL
Keri Denato, DPT
Penn Presbyterian Medical Center
Nominated by: Andrea Vourtsis, OTR/L, CBIS and Abigail Darin, OT

MAY
Kelly Tornetta, Physician Liaison
Good Shepherd Penn Partners
Nominated by: Patrice Bendig

JUNE
Nadine Amsterdam MS, CCC-SLP/L
Hospital of the University of Pennsylvania
Nominated by: Stacey Solomon, MSPT



QUALITY AWARDS

The Penn Medicine Quality and Patient Safety Awards has been a long-standing opportunity to recognize achievements in quality and patient safety during the previous 12 months.

Congratulations to the winning project teams from Good Shepherd Penn Partners. The three awards were given out at the 2016 Quality and Patient Safety Awards Ceremony on Wednesday, January 18, 2017.

On behalf of leadership and the entire team, we want to recognize the team members and everyone who implemented these projects for their hard work and dedication.

OVERALL QUALITY & PATIENT SAFETY AWARD

Restraint Reduction on an Inpatient Brain Injury Rehabilitation Unit
Project Team Members: Melissa Anderson, BSN, RN; Franklin Caldera, DO; Jeremy Y. Charles, MD; Michael Keesler, JD, PhD; Rachael Kurtis, LCSW, CBIS; Kjisten Robin, MS, OTR/L, CBIS; and Kelli Williams, PhD

OPERATIONAL AWARD

Interdisciplinary Catheter Associated Urinary Tract Infection Prevention Bundle
Project Team Members: Laura Murphy, BSN, RN; Jerry Jacob, MD; Jean Romano, MSN, RN, NE-BC; Sonya Wood, MSN, RN, RRT, PCCN; Anissa Magwood, MJ, BSN, BS, RN-BC; Anne Marie Pettit, MSN, RN; David Dolt, MSN, RN, CCRN; Astria Mosely, MS, BSN, RN; and Michele Kusterbeck, MSN, RN, CRRN, WCC.

HONORABLE MENTION PLAQUE

95% Compliance with Weekly Team Conference Notes
Project Team Members: Dr. David Lenrow MD; Franklin Caldera DO; Natalie Blanden, BSN, RN; and Joseph Muniak, MS, OTD, OTR/L, CBIS.



DAISY & BEE AWARD

The DAISY Award is a national recognition program that rewards and celebrates the skill and compassion of extraordinary nurses. Good Shepherd Penn Partners is a DAISY Award Hospital Partner, recognizing one of our nurses with this special honor every quarter.

The DAISY Foundation was established in 2000 by the family of J. Patrick Barnes who died of complications of the auto-immune disease Idiopathic Thrombocytopenia Purpura (ITP) at the age of 33. DAISY is an acronym for diseases attacking the immune system. The DAISY Foundation recognizes ordinary nurses across the country making an extraordinary difference in people's lives by the care they provide each and every day.

FY 17 DAISY AWARD WINNERS

- QUARTER 1 **Lisa Jarrett, BSN, RN**
- QUARTER 2 **John Crockett, RN**
- QUARTER 3 **Heather Cialella, BS, RN**
- QUARTER 4 **Andrea Kazimer, BSN, RN**

The Bee Award recognizes Certified Nursing Assistants who go above and beyond by being exceptional every day. Good Shepherd Penn Partners recognizes one of our Certified Nursing Assistants with this special honor every quarter.

FY 17 BEE AWARD WINNERS*

- QUARTER 2 **Marisol Sanchez, CNA**
- QUARTER 3 **Janay Wiggins, CNA**
- QUARTER 4 **Keisha Silkworth, CNA**

**The BEE Award was initiated in Quarter 2.*



Five Good Shepherd Penn Partners nurses were recognized with awards at the 2017 Penn Medicine Clinical Excellence event, a part of the Clinical Advancement Recognition Program (CARP). CARP is designed to recognize all clinical nurses for their contributions to quality patient care, as well as for their clinical knowledge and professional achievements.

Ann Morace, MSN, RN, CRRN received the Lillian Brunner Award. This award is given to nurses who demonstrate the highest quality of patient care and exhibit excellent clinical judgment that is based on critical priorities and evaluating the patient's response to care. These nurses re-frame clinical situations and actively include other healthcare team members in the development of an appropriate plan.

Heather Cialella BSN, RN received the Rosalyn J. Watts Award. This award acknowledges nurses who consistently establish therapeutic relationships with patients and their families who are characterized by individualized care. These nurses know their patients in a way that incorporates religious, spiritual, ethnic, and cultural beliefs into the delivery of care.

Anissa Magwood MJ, BSN, BS, RN-BC (*not pictured*) received the Victoria L. Rich Award for Transformational Leadership award. This award acknowledges nurses in leadership positions who lead people, programs, or processes and have a broad scope of impact.

Deneen Stokes, MSN, RN, PCC received the Helen McClelland Award. This award is given to nurses who exhibit an attitude of clinical inquiry that integrates evaluation and utilizes research and/or evidence into the delivery of care to patients. These nurses are committed to a spirit of life-long learning that draws on reflective practice as a way of building expertise.

Jessy Koshy BSN, RN, CRRN received the Diane Lanham Award. This award is given to nurses who exhibit excellent professional interpersonal relations, and create an environment for the professional development of others through mentoring, or who serve as a change agent through committee membership, project and/or initiative involvement and recognize implications of healthcare costs in the delivery of their daily practice.



DEDICATED SERVICE AWARDS

AT OUR ANNUAL DEDICATED SERVICE
AWARDS IN JANUARY 2017, WE HONORED
64 EMPLOYEES REACHING 35, 25, 15, 10,
AND 5 YEARS OF SERVICE MILESTONES
IN THE CALENDAR YEAR 2016.



35 YEARS

Helen (Berna) Erikson
Advanced Clinician I, Radnor Outpatient

Nicholas Giorgio
Hospital Aide II, Penn Presbyterian
Medical Center

25 YEARS

Brian Leggin
Lead Therapist, Valley Forge Outpatient

20 YEARS

Jennifer Dekerlegand
Team Lead Physical Therapist,
Hospital of the University
of Pennsylvania

Christine Durst
Physical Therapist,
Pennsylvania Hospital Inpatient

Martin Kelley
Clinical Education Facilitator,
University City Outpatient

Tami Levengood
Team Leader Occupational Therapy,
University City Outpatient

15 YEARS

Heather Anderson
Physical Therapist, Rittenhouse
Outpatient

Francis Angiollo
Team Leader Physical Therapy,
Arcadia Outpatient

Danielle Ashford
Physical Therapy Assistant,
Penn Presbyterian Medical Center

Aurelia Dean
Patient Service Representative,
Perelman Center Outpatient

Randy Dubin
Team Leader Speech Pathology,
Hospital of the University of
Pennsylvania

Rob Fritch
Director of Patient Access
and Patient Experience

Christopher Kauffman
Clinical Information Coordinator,
Media Outpatient

Robin Kauffman
Advanced Clinician I Physical
Therapist, Radnor Outpatient

10 YEARS

Charaun Bolton
Certified Nursing Assistant, Penn Rehab

Timothy Brennan
Physical Therapy Assistant, Penn Rehab

Kelly Butler
Team Leader Physical Therapist, Hospital
of the University of Pennsylvania

Arley Johnson
Director of Therapy Services,
Pennsylvania Hospital inpatient and
Penn Presbyterian Medical Center

Jihye Kim
Senior Physical Therapist II, Penn Rehab

Tarah McCloskey
Assistant Therapy Manager, Penn Rehab
& Specialty Hospital at Rittenhouse

Donna Schmidt
Team Leader Physical Therapy,
Woodbury Outpatient

Natalie Sobotka
Senior Occupational Therapist II, Penn
Rehab

Leslie Vnenchak
Speech Language Pathologist,
Rittenhouse Outpatient

Raquel Williams
Certified Nursing Assistant, Penn Rehab

5 YEARS

Jill Altshuler
Physical Therapist, Penn Presbyterian
Medical Center

Scott Ambrass
Nurse Manager, Penn Rehab

David Batoff
Hospital Aide II, Bala Cynwyd Outpatient

Natalie Blanden
Administrator, Penn Rehab

Dru Brown
Clinical Nurse III, Specialty Hospital at
Rittenhouse

Shannon Burnette
Certified Nursing Assistant, Penn Rehab

Michael Burton
Administrative Coordinator, Good
Shepherd Penn Partners

Trina Bynum
Office Manager, Rittenhouse Outpatient

Pamela Cooper
Admissions Ambassador, Good Shepherd
Penn Partners

Melissa Danze
Senior Physical Therapist II, Specialty
Hospital at Rittenhouse

Diana Duda
Advanced Clinician II PT, Rittenhouse
Outpatient

James Duffy
Care Manager, Good Shepherd Penn
Partners

Blessing Eluwa
Clinical Nurse II, Penn Rehab

Kathleen Enright
Nurse Liaison, Good Shepherd Penn
Partners

Kathleen Fahey-Hosey
Lead Admissions Coordinator, Good
Shepherd Penn Partners

Setegne Fanta
Clinical Nurse II, Specialty Hospital at
Rittenhouse

Emmanuel Garban

Respiratory Therapist, Specialty Hospital
at Rittenhouse

Danielle Gower-Adamski
Director of Marketing and Institutional
Advancement, Good Shepherd Penn
Partners

Arlene Grace
Chaplain, Good Shepherd Penn Partners

Jeremy Gresh
Lead Physical Therapist, Radnor
Outpatient

Marie Holden
Clinical Nurse II, Specialty Hospital at
Rittenhouse

Janice Laird
Respiratory Therapist, Specialty Hospital
at Rittenhouse

Kelly Link
Clinical Nurse II, Specialty Hospital at
Rittenhouse

Mary Fran Madden
Advanced Clinician I OT, Rittenhouse
Outpatient

Valerie McDevitt
Nurse Liaison, Good Shepherd Penn
Partners

Ryan McManus
Quality Assurance Coordinator, Good
Shepherd Penn Partners

Amy Modzelewski
Senior I Physical Therapist, Penn
Presbyterian Medical Center

Beth Musto
Senior I Physical Therapist, Pennsylvania
Hospital Outpatient

Ashley Owens
Speech Language Pathologist, Penn
Rehab

Julie Parana
Advanced Clinician I, OT, Penn Rehab

Albertine Saint-Fort
Certified Nursing Assistant, Penn Rehab

Amy Schneck
Physical Therapist, Hospital of the
University of Pennsylvania

Gina Serago
Senior Physical Therapist II, Weightman
Hall Outpatient

Matthew Simmons
Respiratory Therapist, Specialty Hospital
at Rittenhouse

Jeremy Taylo
Respiratory Therapist, Woodbury
Outpatient

Oliver Michael Torres
Clinical Nurse II, Penn Rehab

Tracy Waller
Certified Nursing Assistant, Penn Rehab

Joyce Washington
Patient Service Representative,
Rittenhouse Outpatient

Lisa Winward
Physical Therapist, Penn Presbyterian
Medical Center

Shawn Wright-Dupree
Patient Service Representative, Bala
Cynwyd Outpatient



COMMUNITY *activities*

Good Shepherd Penn Partners is committed to being an active member in the communities we serve throughout the Delaware Valley region. Our employees voluntarily donate their time to provide education and support during various events throughout the year—providing education, resources and service information, but most importantly representing the excellence in quality care associated with us. As an organization, our employees provided 24,879 hours of service through community benefit outreach in fiscal year 2017.

In fiscal year 2017, we were involved with community events such as:

WALK TO STAMP OUT PARKINSON’S
SUPPORTING THE PARKINSON’S COUNCIL

THE PENN MEDICINE RADNOR RUN
SUPPORTING THE AMERICAN LUNG ASSOCIATION

PHILADELPHIA HEART WALK
SUPPORTING THE AMERICAN HEART ASSOCIATION

MULTIPLE WELLNESS DAYS
SUPPORTING UNITED FOR HER

MIND YOUR BRAIN CONFERENCE
AT PENN MEDICINE

FITNESS EDUCATION & INJURY PREVENTION
SUPPORTING GIRLS ON THE RUN

WALK MS
SUPPORTING THE NATIONAL MS SOCIETY

2016 PHILLY HEART WALK
GOOD SHEPHERD PENN PARTNERS
TEAM RAISED
\$8,000

We are proud to have once again teamed up with Penn Medicine for the 2016 Philly Heart Walk, benefiting the American Heart Association. An annual event, the three-mile walk took place on November 5, 2016 around Citizens Bank Park. Our employees raised over \$8,000 that contributed to the Penn Medicine fundraising goal of \$250,000.



GOOD SHEPHERD GOOD PARTNERS BY THE NUMBERS

We are proud of our nurses, therapists, administration, and support staff who volunteer their time to those in need at our locations and beyond. These activities include providing care to patients who are unable to afford their care (Charity Care) and activities to support the broader community including as research, health professionals education and community health improvement services. This past year, these components represented over five million dollars of the value provided to and for the community.

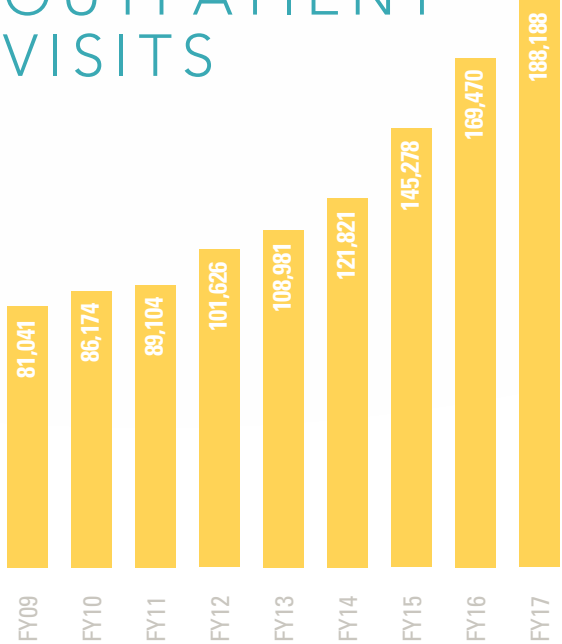


- \$1,087,000**
HEALTHCARE PROFESSIONAL EDUCATION
- \$133,000**
RESEARCH
- \$34,000**
CHARITY CARE AT COST
- \$10,000**
COMMUNITY BUILDING ACTIVITIES & COMMUNITY BENEFIT OPERATIONS
- \$3,849,000**
UNREIMBURSED COST OF PUBLIC PROGRAMS: MEDICAID



24,879
TOTAL COMMUNITY
BENEFIT HOURS

OUTPATIENT VISITS



FINANCIALS

Good Shepherd Penn Partners continues to see revenue growth and a strong financial outlook.

TOTAL UNRESTRICTED REVENUES AND OTHER SUPPORT

FY14	\$79,881,593
FY 15	\$84,666,499
FY 16	\$85,325,364
FY 17	\$86,770,294

TOTAL EXPENSES

FY14	\$70,359,094
FY 15	\$73,030,682
FY 16	\$76,776,846
FY 17	\$82,739,966



GOOD SHEPHERD PENN PARTNERS EMPLOYEES

FY 14	718
FY 15	746
FY 16	736
FY 17	825



INPATIENT REHABILITATION

OUTPATIENT REHABILITATION



INPATIENT
REHABILITATION
**Penn Institute for
Rehabilitation Medicine**
1800 Lombard Street
Philadelphia, PA 19146
☎ 215.893.6570

LONG-TERM ACUTE
CARE HOSPITAL
Specialty Hospital at Rittenhouse
1800 Lombard Street
Philadelphia, PA 19146
☎ 215.893.6570

ACUTE THERAPY

Hospital of the University of Pennsylvania
3400 Spruce Street
Philadelphia, PA 19104
☎ 215.662.4000 (Hospital Operator)

Penn Presbyterian Medical Center
51 North 39th Street
Philadelphia, PA 19104
☎ 215.662.8000 (Hospital Operator)

Pennsylvania Hospital
800 Spruce Street
Philadelphia, PA 19107
☎ 215.829.3000 (Hospital Operator)

SKILLED/SUB ACUTE THERAPY

Penn Center for Continuing Education
51 North 39th Street
Philadelphia, PA 19104
☎ 215.662.9403

Penn Center for Rehabilitation and Care
3609 Chestnut Street
Philadelphia, PA 19104
☎ 215.386.2942

PHILADELPHIA

**Penn Therapy & Fitness
Pennsylvania Hospital**
330 South 9th Street, 1st Floor
Philadelphia, PA 19107
☎ 215.829.7275

**Penn Therapy & Fitness
Perelman Center**
3400 Civic Center Boulevard
Philadelphia, PA 19104
☎ 215.662.4242

Penn Therapy & Fitness Rittenhouse
1800 Lombard Street, First Floor
Philadelphia, PA 19146
☎ 215.893.2500

Penn Therapy & Fitness Roxborough
6619 Ridge Avenue
Philadelphia, PA 19128
☎ 215.621.6531

**Penn Therapy & Fitness South
Philadelphia**
1900 South Broad Street
Philadelphia, PA 19128
☎ 215.551.2157

**Penn Therapy & Fitness
Weightman Hall**
235 South 33rd Street
(Franklin Field Complex)
Philadelphia, PA 19104
☎ 215.615.4402

**Penn Therapy & Fitness
University City**
3737 Market Street, Suite 200
Philadelphia, PA 19104
☎ 215.349.5585

PENNSYLVANIA SUBURBS

**Rasansky Physical Therapy
(Bala Cynwyd)**
2 Bala Plaza, Suite IL 47
Bala Cynwyd, PA 19004
☎ 610.668.1048

Conshohocken Physical Therapy
20 East 11th Avenue
Conshohocken, PA 19428
☎ 610.828.7595

Kinetic Rehabilitation
924 Town Center
New Britain, PA 18901
☎ 215.340.2216

**Penn Therapy & Fitness Glenside
(Arcadia University)**
Health Science Center
450 South Easton Road, Suite 102
Glenside, PA 19038
☎ 215.572.4060

Penn Therapy & Fitness Jenkintown
500 Old York Road, 2nd Floor
Jenkintown, PA 19046
☎ 215.886.0414

Penn Therapy & Fitness Lansdale
1800 Pennbrook Parkway
Lansdale, PA 19446
☎ 215.661.8660

Penn Therapy & Fitness Media
605 West State Street, Suite 101
Media, PA 19063
☎ 610.565.1041

Penn Therapy & Fitness Radnor
250 King of Prussia Road, Suite 2C
Radnor, PA 19087
☎ 610.902.2300

Penn Therapy & Fitness Valley Forge
1201 West Swedesford Road, 3rd Floor
Berwyn, PA 19312
☎ 610.644.4645

Penn Therapy & Fitness Yardley
777 Township Line Road, Suite 180
Yardley, PA 19067
☎ 215.968.0145

NEW JERSEY SUBURBS

**Penn Therapy & Fitness
Cherry Hill**
1865 Route 70 East, Suite 110
Cherry Hill, NJ 08034
☎ 856.216.0047

**Penn Therapy & Fitness
Woodbury Heights**
1006 Mantua Pike, Suite B
Woodbury Heights, NJ 08097
☎ 856.686.8270

OUR *vision*

PARTNERING TO REALIZE **LIFE'S POTENTIAL**

Our mission is to create world-class, patient-centered rehabilitation and post-acute care services by defining evidence-based practice and fully integrating care throughout the continuum.





Official Therapy Provider for  Penn Medicine

1800 Lombard Street | Philadelphia, PA 19146 | 877.969.7342

PENNPARTNERS.ORG