

# GETTING READY FOR YOUR STAY



Penn Medicine

PENN INSTITUTE for  
REHABILITATION MEDICINE

*Inpatient Rehabilitation Unit of the Hospital of the University of Pennsylvania*

Welcome to the Penn Institute for Rehabilitation Medicine, an inpatient unit of the Hospital of the University of Pennsylvania. We will do everything possible to make your stay with us as comfortable as possible for you and your loved ones.

## What to Bring

- T-shirts and sweatpants
- Wearing your own clothing will help you feel more like yourself and more comfortable during your therapy sessions.
- Cane and walker (labeled with full name)
- Eye glasses, hearing aids and dentures (with cases labeled with full name)
- Recreational items for your enjoyment when not in therapy (books, puzzles, music, cell phone with charger, headphones, etc.)
- Robe
- Toiletries (toothbrush, toothpaste, etc.)
- Supportive sneakers or well-fitting/skid-free shoes with backs that will provide the most support during your physical and occupational therapy sessions
- Undergarments

*Please note we cannot lock up your valuables so please be mindful of what you bring to the hospital. There are phones and tv's in every room and free wifi is available.*

## Visitation\*

Seeing your family and friends is important to your recovery.

### When are Visitors Allowed?

Between the hours of 9 a.m. and 8 p.m.

### Who Can Visit?

Patients can have two healthy (i.e. no fever or other signs of illness) visitors (aged 12 or over) at a time. Patients may have up to two family caregivers present for family meetings and goals of care/end of life discussions. Patients with COVID-19 may not have in person visitors, and accommodations will be made for virtual visitation. Exceptions may be permitted for patients with special circumstances. Please visit [PennRehab.org](http://PennRehab.org) or speak with your care team.

\*COVID may impact our visitation hours and policy. Please visit [PennRehab.org](http://PennRehab.org) for current information.

## Parking

PIRM Patients and guests have access to discounted parking at the garage at 1740 South Street, Philadelphia.

Please call 215-893-2677 with parking questions.

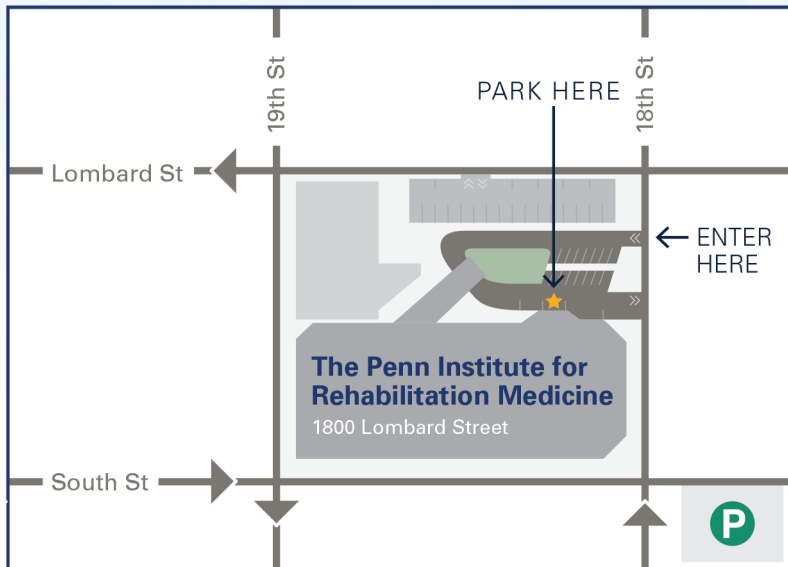
PARKING DAILY RATES	PATIENT AND GUESTS (DISCOUNTED)	GENERAL PARKING
Up to 1 Hour	\$4	\$10
2 Hours	\$5	\$12
3 Hours	\$6	\$14
7 Hours	\$9	\$19
24 Hours	\$11	\$25

## Transportation

Many patients are transported to Penn Rehab by ambulance or wheelchair van, while others are transported to inpatient rehabilitation by family or friends.

If your family or friends are driving you to Penn Rehab, here are some helpful tips:

- Our driveway is circular and easy to miss. Located off 18th Street, it is the 2nd driveway on your left (the first is exit only).
- We have a designated parking spot for you (see in photo and map below). This area is located in the circular drive (off 18th street), directly in front of the glass windows.
- Please alert the nursing team at 267.449.5809 (or 215.893.6300) when you are on your way and when you arrive so we can meet you at your car with a wheelchair to escort you to your room.
- For your safety, please wait until our staff has arrived to leave the vehicle.
- Parking is available for visitors at the 1740 South Street Garage. Proceed left out the driveway and go around the block. The garage is one block past the hospital on South Street. (see in map below)



★ **Designated parking spot for patients arriving by car to Penn Rehab for admission.**



Penn Medicine

PENN INSTITUTE for  
REHABILITATION MEDICINE

*Inpatient Rehabilitation Unit of the Hospital of the University of Pennsylvania*