

YOUR REHABILITATION ROADMAP TO DISCHARGE

ENTER
PRE-
ADMISSION

H

MILESTONE



Admission & Welcome
Welcome visit from admissions representative

Nursing & Physician Assessment
Identifies your care needs

FIRST 72 HOURS

Daily Therapies
Physical, occupational, speech and recreational therapy and psychology

THERAPIES
AHEAD

Therapy Assessment
Completed during therapy; assists you in setting goals

Rehabilitation & Internal Medicine Rounds

Nursing Care
24 hours of care by nursing staff

MILESTONE



Weekly Team Conferences
Your physician, nurse, therapists and case manager meet to discuss your progress

Discharge Needs
Order equipment, set up discharge services, family training and education

EXIT TO
DISCHARGE

Patient/Family Communication
You, your family and your rehabilitation team discuss your progress and plan for your needs after discharge

MILESTONE



Options After Discharge

- Home
- Home with Home Care Services
- Day Treatment
- Outpatient Therapy
- Skilled Facility

Questions After Discharge?
Determine who you can call after discharge for help or guidance

DISCHARGE



Penn Medicine
Rehabilitation

An Inpatient Rehabilitation Unit of the
Hospital of the University of Pennsylvania